

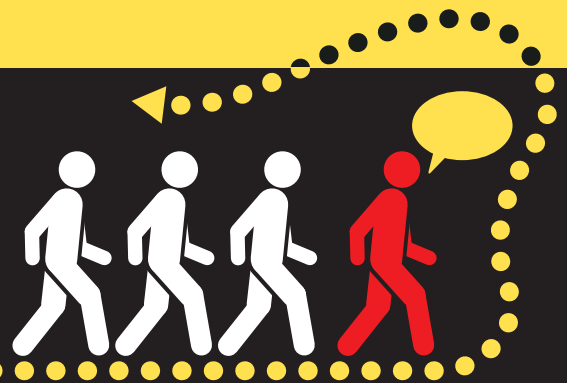
# Welcome to Phillip Island Nature Parks Ultimate Adventure Tour!

Please note the following requirements  
**BEFORE** undertaking the tour:



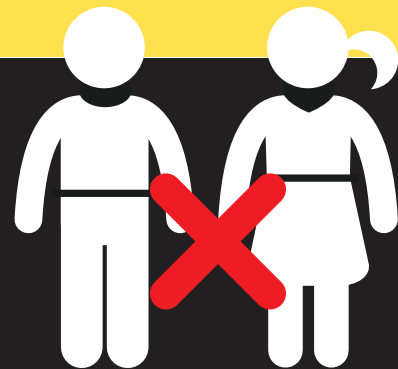
Reasonable fitness level is required to climb stairs, walk on sand and rocks at night, and sit still for up to 45 minutes.

Follow rangers' instructions and keep to designated walking tracks.



Appropriate footwear must be worn, no slip on shoes or heels.

Minimum age 16 years.



No Photography or flashlights, and mobile phones must be turned off.

Thank you!